



# **K.M.G. COLLEGE OF ARTS AND SCIENCE** (AUTONOMOUS)

R.S. ROAD, AMMANANGKUPPAM, GUDIYATTAM – 635 803.

Approved by Govt. of Tamilnadu & Permanently Affiliated to Thiruvalluvar University

Recognized under section 2(f) and 12(B) of the UGC Act, 1956

Accredited by NAAC with 'A' GRADE (CGPA of 3.24/4 – 2<sup>nd</sup> Cycle)



Phone: 04171- 227906, 227306,229206

Email: kmgcollege@gmail.com

Website: www.kmgcollege.edu.in

## **ACTIVITY :1**

### **KMG Centre for Indian Knowledge Systems** **(2025-26)**

#### **Millet-Based Food Stall and Herbal based Drinks**

#### **“Smart Grains from Ancient Brains”**

**Date: 05.08.2025**

**Time:10.00 AM, Tuesday**

**Venue : K.M.G. New Auditorium**

The **KMG Centre for Indian Knowledge Systems (IKS)** successfully organized a **Millet-Based Food Stall and Herbal Drinks Exhibition** titled “**Smart Grains from Ancient Brains**” on **05th August 2025** at **10:30 AM** in the **KMG New Auditorium**. The programme aimed to create awareness about the nutritional, medicinal, and environmental benefits of **millets and traditional herbal beverages**, highlighting the wisdom of ancient Indian food practices.

The programme commenced with the **Invocation – Tamizhthai Vaazhthu**, seeking divine blessings for the successful conduct of the event. The function was graced by the presence of the following dignitaries:

- **Mr. K.M.G. Balasubramanian**, Managing Trustee
- **Mr. K.M.G. Sundaravadanam, B.A., B.G.L.**, Chairman
- **Mr. K.M.G. Rajendran, B.Sc., B.L.**, Secretary
- **Mr. K.M.G. Muthukumar, B.Com.**, Treasurer

The **Welcome Address** was delivered by **Prof. R.M. Balamurugan, MCA., M.Phil., B.Ed., D.C.T.**, Assistant Professor and **Director of IKS**, PG Department of Computer Science. In his address, he emphasized the importance of reviving traditional food systems and explained how millets and herbal drinks contribute to sustainable health, food security, and ecological balance.

The **Presidential Address** and the **formal inauguration of the Millet-Based Food Stalls and Herbal Drinks Exhibition** were carried out by **Dr. C. Dhandapani, M.A., M.Phil., Ph.D.,** Principal, K.M.G. College of Arts and Science (Autonomous).

In his address, he highlighted the role of Indian Knowledge Systems in promoting healthy lifestyles and encouraged students to adopt



millet-based diets as a preventive health measure. He officially inaugurated the stalls and interacted with students, appreciating their creativity and efforts in showcasing traditional recipes.

A variety of **millet-based food items** such as ragi dosa, millet sweets, snacks, and **herbal drinks** including sukku kappi, nannari sharbat, and traditional herbal juices were displayed and served. The exhibition attracted enthusiastic participation from students and faculty members, creating awareness about nutritious alternatives to refined foods.

The programme concluded with the **Vote of Thanks** proposed by **Dr. V. Valarmathi, M.A., M.Phil., B.Ed., Ph.D.**, Assistant Professor and **IKS Co-Ordinator**, Department of Tamil. She expressed her sincere gratitude to the management, principal, organizing committee, faculty members, students, and all participants for their support and cooperation.

\*\*\*



## ACTIVITY :2

# KMG Centre for Indian Knowledge Systems

## AYURVEDA DAY CELEBRATION - 2025

### “Ayurveda for One Health – Harmonizing Body, Mind, and Nature”

Date:17.10.2025, Friday

Time:10.00 AM

Venue: K.M.G. Seminar Hall

The KMG Centre for Indian Knowledge Systems (IKS) organized the **Ayurveda Day Celebration – 2025** on **17th October 2025** at **10.00 AM** in the **K.M.G. Seminar Hall** with the central theme “*Ayurveda for One Health – Harmonizing Body, Mind, and Nature*”. The programme aimed to highlight the holistic approach of Ayurveda in promoting physical health, mental well-being, and environmental sustainability.

The **Welcome Address** was delivered by **Prof. R.M. Balamurugan, MCA., M.Phil., B.Ed., D.C.T.**, Assistant Professor and **Director of IKS**, PG Department of Computer Science. In his address, he emphasized the relevance of Ayurveda in modern times and explained how ancient Indian medical knowledge supports the concept of *One Health* by ensuring harmony between human beings and nature.



The **Presidential Address** was delivered by **Dr. C. Dhandapani, M.A., M.Phil., Ph.D.,** Principal, K.M.G. College of Arts and Science (Autonomous). He highlighted the importance of preventive healthcare and lifestyle management through Ayurveda. He encouraged students and faculty members to adopt Ayurvedic principles such as balanced diet, daily regimen (*Dinacharya*), and seasonal practices (*Ritucharya*) for a healthy and sustainable life.

The programme effectively sensitized the participants to the scientific and cultural significance of Ayurveda in addressing contemporary health challenges. The event witnessed active participation from students and faculty members, creating awareness about holistic health practices rooted in Indian Knowledge Systems.

The programme concluded with the **Vote of Thanks** proposed by **Dr. M. Radha, M.A., M.Phil., M.Ed., Ph.D., SET,** Assistant Professor, Department of Tamil, who expressed her sincere gratitude to the management, principal, organizing committee, faculty members, and students for their valuable support and cooperation.

The celebration came to an end with the **National Anthem**. The **Ayurveda Day Celebration – 2025** was a meaningful and informative programme that successfully reinforced the importance of Ayurveda in achieving overall well-being and harmony with nature.

\*\*\*

### ACTIVITY :3

## KMG Centre for Indian Knowledge Systems

### NATIONAL UNITY DAY

as

### “United in Diversity: Youth Pledge for a Stronger Nation”

**Date:31.10.2025, Friday**

**Time:11.00 AM**

**Venue: K.M.G. Seminar Hall**

The **K.M.G. Centre for Indian Knowledge System (IKS)** and the **National Service Scheme (NSS)** jointly organized **National Unity Day – 2025** on **31st October 2025** at **11.00 AM** in the **K.M.G. Seminar Hall**. The programme was conducted with the objective of promoting **national integration, unity in diversity, and collective responsibility among youth**, in commemoration of the birth anniversary of **Sardar Vallabhbhai Patel**, the Iron Man of India.

The programme commenced with the **Invocation – Tamizhthai Vaazhthu**, invoking blessings for national harmony and unity. The event was graced by the presence of the esteemed management dignitaries:







The **Welcome Address** was delivered by **Prof. R.M. Balamurugan, MCA., M.Phil., B.Ed., D.C.T.**, Assistant Professor and **Director of IKS**, PG Department of Computer Science. In his address, he emphasized the importance of unity, integrity, and social harmony in building a strong nation and highlighted the role of youth in upholding the constitutional values of India.

The **Presidential Address** and **Unity Pledge Taking Ceremony** were led by **Dr. C. Dhandapani, M.A., M.Phil., Ph.D.**, Principal, K.M.G. College of Arts and Science (Autonomous). He spoke about the vision and leadership of **Sardar Vallabhbhai Patel** in unifying the nation and urged students to commit themselves to national unity, discipline, and social responsibility. The students and faculty members actively participated in taking the **National Unity Pledge**, reaffirming their commitment to the sovereignty, integrity, and unity of India.

The programme created a strong sense of patriotism and collective responsibility among the participants. The active involvement of students reflected their enthusiasm towards contributing to a peaceful, inclusive, and progressive nation.

The programme concluded with the **Vote of Thanks** proposed by **Dr. M. Radha, M.A., M.Phil., M.Ed., Ph.D., SET**, Assistant Professor, Department of Tamil, who expressed her heartfelt gratitude to the management, principal, organizers, faculty members, NSS volunteers, and students for their cooperation and participation.

The event came to an end with the **National Anthem**. The **National Unity Day – 2025** celebration was a meaningful and inspiring programme that reinforced the values of unity, diversity, and national integrity among the academic community.

\*\*\*



#### ACTIVITY :4

### KMG Centre for Indian Knowledge Systems

Organize  
**NATIONAL LANGUAGE DAY OBSERVANCE**  
on  
**“Promoting Respect, Pride, and Awareness of India’s Diverse  
Linguistic Traditions.”**

**Date:11.12.2025, Thursday**

**Time:02.00 PM**

**Venue: K.M.G. Seminar Hall**

The KMG Centre for Indian Knowledge Systems (IKS), K.M.G. College of Arts and Science (Autonomous), organized the National Language Day Observance on 11th December 2025 with the theme “Promoting Respect, Pride, and Awareness of India’s Diverse Linguistic Traditions.” The programme aimed to highlight the importance of Indian languages in preserving culture, heritage, and national unity.

The programme commenced with the Invocation – Tamizhthai Vaazhthu. The event was graced by the presence of the management members, namely Mr. K.M.G. Balasubramanian, Managing Trustee; Mr. K.M.G. Sundaravadanam, Chairman; Mr. K.M.G. Rajendran, Secretary; and Mr. K.M.G. Muthukumar, Treasurer.





**The Welcome Address was delivered by Prof. R.M. Balamurugan, Assistant Professor, PG Department of Computer Science, who emphasized the significance of National Language Day and the role of Indian Knowledge Systems in promoting linguistic diversity.**

**The Presidential Address was delivered by Dr. C. Dhandapani, Principal, K.M.G. College of Arts and Science (Autonomous). He highlighted the value of multilingualism, respect for mother tongues, and the responsibility of students and educators in preserving India's linguistic heritage.**

**The programme concluded with the Vote of Thanks proposed by Dr. V. Valarmathi, Coordinator – IKS, Assistant Professor, Department of Tamil, followed by the National Anthem. The event successfully created awareness and pride among students regarding India's rich linguistic traditions.**

\*\*\*